

# Call of the Witch Tower

## WiCoM's Voice in Paganistan

Official Newsletter of the Wiccan Church of Minnesota - Ostara 2010 - #169

### Blessed Ostara!

#### Ritual Announcement

This year's Ostara is hosted by Eye of the Boar coven. This will be our first public Ritual ever! We will be working with Eos and Ares. We know what you're thinking, "Eos and Ares? Are they crazy?" Well, yes we are, but this works. Trust us...Please come and see.

Ritual will be held **March 20, 2010** at the **Sacred Paths Center** located at **777 Raymond Ave.** in St. Paul. **Gather at 7:00 P.M. start at 7:30 P.M.** Why 30 minutes later than usual? If you have to ask, you aren't checking your astrological calendars. Moon is V/C until 7:28 P.M. So...Bring yourself and a dish to share for the feast. It is open to the public so tell your friends. We hope to see you there.

Yunion—HP Eye of the Boar

#### Editor Needed

Hey folks. We no longer have a Newsletter Editor. If you want to continue to have a newsletter then someone needs to step up and do it. Beltane is the last issue I am doing.

Brightest Blessings!

Keith Vorderbruggen—Trustee and Handmaiden

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Minutes of the Quarterly Moots (Business Meetings) are published in the Members' version of this newsletter.

Project Dark Window - Alpha three nine six  
Beta ten.

**Wiccan Church of Minnesota  
Annual Dues**

**Non-Voting Member \$25.00**  
For those wishing affiliation with the church and uninitiated students. May attend General Moots.

**Voting Member \$35.00**  
First degree or higher. May attend General Moots and vote on issues. If member is in good standing (dues paid), member is qualified to run for office (General Rep) and enter Beltaine lottery if they meet the current May Couple's other criteria.

**Elder \$45.00**  
Nominated by current elders; or after holding an office for a year and a day; or being elevated to Third Degree; or becoming a Minister. All approved by Elders.

**Teacher \$65.00**  
Officially recognized as a WiCoM teacher during a Teachers Moot. *(Tentative—to be discussed and confirmed at the start of the next fiscal year - maybe.)*

**Minister \$75.00**  
The higher dues reflect the cost of insurance and other expenses that are required.

All memberships includes the annual e-mail subscription to the WiCoM Newsletter. Subscriptions to the printed WiCoM Newsletter are available to members for an additional \$15 annually.

With WiCoM Executive approval, individual non-members may subscribe to the WiCoM Newsletter for \$8 annually (email edition), or \$23 annually (printed edition).

Mail your dues to:

**WiCoM Treasurer  
P.O. Box 6487  
Minneapolis, MN 55406**

**Wiccan Church of Minnesota  
Ministers, Trustees and Executive Council**

May Queen	MayQueen@wiccanchurchmn.org
Green Man	GreenMan@wiccanchurchmn.org
General Rep	GenRep@wiccanchurchmn.org
Teachers' Rep	TeachersRep@wiccanchurchmn.org
Elders's Rep	EldersRep@wiccanchurchmn.org
Editor	Editor@wiccanchurchmn.org
Treasurer	Treasurer@wiccanchurchmn.org
Secretary	Secretary@wiccanchurchmn.org
Webmaster	Webmaster@wiccanchurchmn.org

Detailed listings of ministers and Church Trustees are available to WiCoM Members.



## Announcements

### **The Rest of the Wheel**

**Ostara 2010** —March 20 Eye of the Boar

**Beltaine 2010** - May 1 May Team

**Midsummer 2010** - June 19th TBA

**Lammas 2010** - July 31 TBA

**Mabon 2010** - September 18 TBA

**Samhain 2010** —October 30 TBA

**Yule 2010** — December 18 TBA

Unless otherwise noted, all Sabbat dates are on Saturdays, and will be held at the Sacred Paths Center in St. Paul.

### **Upcoming Meeting Date**

April 11, 2010

Noon

Sacred Paths Center.

777 Raymond Ave.

St. Paul, MN, 55114

## Looking for Ritual Music

Hello Fellow WiCoM members,

The Green Man and I are undertaking a project to collect ritual music and make it available on the WiCOM website. (Yes, we realize that copyright laws must be observed.) We will likely also have one or two paper copies of a song book compiled.

Please help us out by sending us your songs, especially if the songs have musical notation. We'll take them in whatever file format you have. We'll take audio formats. We'll even take paper copies and scan them!

If it helps, think of us as the Wheel turns. Send Midsummer songs at Midsummer and Yule songs at Yule, etc.

I know that we have many musically gifted members. Please help out.

Many thanks and blessings,  
Aurora and Soaric

If you have back issues of the newsletter in EITHER electronic or printed form, we would love to add them to our archive.

Drop us an email at

[newsletter@wiccanchurchmn.org](mailto:newsletter@wiccanchurchmn.org)

## MAY TEAM

### GREEN MAN SPEAKS



"Oh She will bring the buds in the Spring and laugh among the flowers....."

While we celebrate the coming of spring, those blossoming buds and the return of the green grass..... Reality Check, we are here in Minnesota where it is still cold, there is still ice and snow and we could still get some wintry storms yet. But all is not lost. We prepare to get out and about. Those days of 30 degrees will hopefully jump to 40 and then to 50 and so on until we get some nice 60's and 70's.

Even though we are still in winter weather mode we can plan our gardens. We can shop for seeds and look at the catalogs from various plant companies and dream of warmer days. We can inspect our garden gear and make sure that everything is set for when we can get out there and plant....even if it is 2 months away for some things to grow.

We watch the ice melt and snow turn to slush. We wash our cars from the grime of all that sand that was put on the roads to keep us from slipping on that black ice. Being outside waiting for the bus isn't as freezing as it used to be but now we have to beware the puddles in the road where we might get splashed with the mud.

Ah the glorious days of Spring when as the snow finally leaves us we will have those budding trees and the grass becoming green once more. When flowers will begin to bud and some will even blossom when it still gets down to 30-40 at night. And then we can truly sing "Oh She will bring the buds in the Spring and laugh among the flowers....."

### MAY QUEEN'S CORNER



Funny How the Gods Provide  
Article for the Ostara Newsletter by Aurora

We took a family vacation to Florida recently. Why? Because back in October when it got soooo cold soooo early in the season I knew that I would never make it through a long, cold winter with my sanity intact. I booked the airline tickets the very first day it snowed. I knew that I would need a respite from the cold hunching. You know what I mean. The almost permanent winter posture of a Minnesotan-shoulders hunched, head down, arms crossed over your chest, eyes squinted against the wind.

"We'll be in Florida soon, mom" my son would say to me on my crabby mornings. "Just three weeks away" my daughter would chime in. Finally, President's Day weekend arrived. We headed off to sunny Florida-and arrived during the coldest weather snap in Florida's history. I had to find a place to buy winter hats and gloves, it was that cold.

I returned home very disheartened.

Then, yesterday, the Gods sent a message. My husband and I stopped at the neighborhood Dairy Queen and decided to sit by a window. The sun streaming through the window hit my face and warmed me to the bone. Before I knew it tears were rolling down my cheeks. I'm not sure if they were tears of release or tears of thanks for the warmth. But, I think I got the message. If we let them, the Gods will find a way to provide. They might not choose the most obvious way to do it, but They will.

## Out & About in Paganistan

### Minnesota Heathens Moot

Date: Wednesdays  
Time: 6:00 pm - 9:00 pm

Location: Diamonds Coffee Shop  
1618 Central Avenue NE, Mpls

<http://diamondscoffeeshoppe.com/>

for coffee and conversation.  
For more info:

minnesota\_heathens Yahoo! Group  
<[http://groups.yahoo.com/group/minnesota\\_heathens/cal](http://groups.yahoo.com/group/minnesota_heathens/cal)>



### **SATURDAY VÖLVA STAV**

With Kari Toring

When: Second Saturday of the Month 1—3PM  
Where: Eye of Horus 2717 Lyndale Ave S. in Minneapolis  
Minnesota

Norse Women's Spiritual Traditions

Event Details: Völva means staff carrier. She is the Scandinavian women's spiritual leader. She travels alone from farm to farm doing healings, blessings, seidr/scrying, rune work and many other things. The use of Stav in creating rhythm for this work is at the center of these sessions.

Come and let your Völva emerge!

### Reconstructionist Meeting

Every 3rd Saturday  
from 3:00 - 5:00 pm at Eye of Horus,  
2717 Lyndale Ave So. – Mpls – 55408-1302  
for coffee and conversation.

### Eye of Horus

is the metaphysical store, labyrinth garden and mythic art gallery located in the Uptown area of Minneapolis. We specialize in books, ritual tools, candles, incense, jewelry, art and music for people walking a mystic or pagan path.

#### Store Hours & Stuff

**10-9 Monday - Saturday**  
**11-6 Sunday**

For calendar of events, go to:

<http://eyeofhorusinc.com/cal>  
2717 Lyndale Ave S.  
Minneapolis, MN 55408  
612-872-1292  
Toll-free: 1-888-872-1292



1309½ SE 4th Street,  
Minneapolis, MN 55414  
612-379-7669

### Circle of the Phoenix

Circle of the Phoenix (CotP) is a traditional based American Witchcraft teaching circle with strong Greco-Egyptian influences. We practice a structured ritual format with non-limited pantheons and stress ethics in our teaching and our workings. Our group address is phoenix@circleofthephoenix.org . You can leave a message for Phoenix at (651) 233-4469 . Please call between 9am and 9pm.

### Leaping Laughter Lodge of O.T.O



Leaping Laughter Lodge meets in our own leased space in Northeast Minneapolis located at 1618 Central Ave NE Suite #137  
Gnostic Mass most Saturdays  
See website for more info:

<http://www.leapinglaughter.org>

Paul Magee, Licensed Acupuncturist

### **I'm the new Alternative Medicine Examiner for the Twin Cities!!**

I've been selected to be the new Twin Cities Alternative Medicine "Examiner" for Examiner.com, a blog-style journalism site which recruits local experts to write short articles a few times a week. Check out my homepage on the site, <http://www.examiner.com/x-10677-Minneapolis-Alternative-Medicine-Examiner>, and check back frequently for the updated articles.

## Wonderful Opportunities

### Midsummer Gather Festival June 20-27, 2010

#### Spend a week with the family you choose

An 8 day / 7 night festival held over Midsummer, sponsored by The Earth House Project, Inc. Founded in 2001, it is a week of celebration, of sharing, of learning and of honoring one another's unique rituals. "Meet new people, learn new ways, and play like Pagans!"

#### AMENITIES:

- Beautiful Shaded Magical Valley
  - Onsite cabin rental \*
  - Hot Showers - 24 / 7
  - Ice delivery at your campsite (and sometimes even Ice cream)
  - Electricity in your camp site
  - Water at Your site
  - Garbage pick up from your site
  - (did we mention the flush toilets?)
- [ \*Available through campground owners]

www.earthhousemn.org

### The Earth House Project Inc.

Earth House Project is a non-profit community effort to build a localized resource center for people of all nature-reverent spiritual paths.

Other paths have "edifice complexes" but we have no home for our many activities. Earth House is an attempt to solve this. We need and want your support. We encourage you to volunteer and take a active role in this. Memberships are \$20.00 per year. After you send your money please come and lend a hand.



Responsible Pagans  
Pulling together  
For our Faith,  
For our Freedom  
For our Future.  
Isn't that what it's all about?



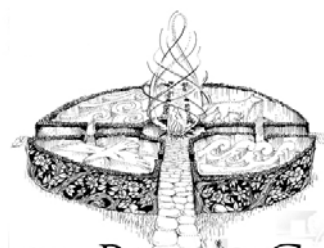
### Coffee Cauldron

The Edge

2399 University Avenue West  
St. Paul, Minnesota  
A pan-pagan get together

Join us on the First and Third Wednesday of Every Month from 6:30 pm -9:00. Enjoy a place for Pagans to be themselves. All paths and experience levels are welcome. For more information contact :  
[communityservices@earthhousemn.org](mailto:communityservices@earthhousemn.org)

Walk Around to Sacred Paths Center  
777 Raymond



### SACRED PATHS CENTER

777 Raymond Ave  
Saint Paul, MN 55114  
651-644-3727  
[info@sacredpathscenter.com](mailto:info@sacredpathscenter.com)  
[www.sacredpathscenter.com](http://www.sacredpathscenter.com)

Monday: 10am to 9pm  
Tuesday: 10am to 9pm  
Wednesday: 10 to 9pm  
Thursday: 10 to 9pm  
Friday: 10am to 9pm  
Saturday: 10am to 6pm  
Sunday: 10am to 4pm

Come check us out!

### A COMMUNITY CENTER FOR ALL PAGANS!

- Meeting Space
- Ritual Space
- Classes
- Tarot, Runes, and more
- Healing Center
  - Acupuncture
  - Massage
  - Midwifery
  - MORE

# Community Yellow Pages

## Paul Magee, Ma.O.M., L.Ac. Blue Dragon Chinese Medicine

at New Light Therapy  
Center  
2375 University Ave W.  
Suite 160

Saint Paul, MN 55114

651-373-2725

Website:

[www.newlighttc.com/  
acupuncture](http://www.newlighttc.com/acupuncture)

Email: [bluedragoncm@gmail.com](mailto:bluedragoncm@gmail.com)

## Also at Acupuncture Health Center

Southdale Medical Center  
6545 France Ave So. Suite C21  
Edina Minnesota 55435  
952-922 5003

## Open Your Dreams...

Dream Interpretation  
CJ Stone

## Tarot Read- ings

Nell Morningstar  
651.644.3727

## Reiki Sessions

Maggie Sterba Reiki Master

Mondays - Sacred Paths Center

## STARS

Society for Teaching,  
Astrological Research & Study

Meeting on the 3rd Sunday of each month from 3:00—  
5:30 pm at the TC Friends Meeting House at 1725 Grand  
Ave. in St. Paul. For information about events & upcom-  
ing meetings, contact us at:

## Twin Cities

Tai Chi



Chuan

## Studio

*"Stillness is the Master of unrest"*

**Tai Chi Chuan**

**Liu Ho Pa Fa**

**Pa-Kua Chang**

**7-Star Praying Mantis**

**Hsing-Yi Ch'uan**

**Eclectics**

## Qigong and I-ch'uan standing meditation

*-Group and private classes available.*

*-Visitors are always welcome.*

*-Please stop by for a free introductory class*

2242 University Avenue Suite 207

St. Paul, MN 55114

651-767-0267

Website: [tctaichi.com](http://tctaichi.com) Email: [tctaichi@minn.net](mailto:tctaichi@minn.net)

## Phoenix Bodywork

Catherine Kemp

*Bodywork Therapy, Reiki - 1st degree*  
**De-stress, and enhance your awareness of  
your own body, mind, and spirit.**

4200 42nd Ave So

Minneapolis, MN 55406

612.724.4899

[cathkemp@usinternet.com](mailto:cathkemp@usinternet.com)

**We shouldn't have to say it but here we go. The Wiccan Church of Minnesota does not endorse any group, person or business listed. Use good judgment in your dealings with any of these listings**

## Newsletter Editorial Policy and Submission Guidelines

Please send submissions for the newsletter to the following e-mail address

[Editor@wiccanchurchmn.org](mailto:Editor@wiccanchurchmn.org)

The primary purpose of the Newsletter is to publish the minutes of moots and business related to the church. As such, business of the church will take precedence over article submissions by members. We understand that most members receive the newsletter by e-mail but we still publish a hard copy and we are limited to some degree in the number of pages that we can print. Cost is a consideration in the size of the newsletter.

While we will not be rigid in enforcing this, a good length for an article is two to four columns. Longer articles may (**or may not**) be delayed to a future issue. That said, it has always been the intent that the Newsletter serve the needs of the church. Please submit articles, on subjects of general Pagan interest.

Notices of degrees, who has class openings, events, important dates, etc. that may interest church members are welcome. We are not opposed to personal items such as : “I have kittens for a good pagan home” or “My Dog Rover passed (NOT “Horny Guy seeks Hot Chick.” ) clearly these will not have the highest priority for inclusion but being short it will often be easy to include.

We will NOT publish anything which is illegal or improper for us to do so. This includes defamatory statements, political polemics, personal attacks or enablement of witch wars.

We will publish your work under a pseudonym if requested but we NEED to know who you are.

If you do not receive acknowledgement of receipt of your article within 48 hours please follow up with us.

We reserve editorial rights of all newsletter submissions but we will make every effort to work

with you if such need arises. In addition if we feel that we have received your article with errors we will contact you to verify the intent of your submission. If your submission is received too close to the deadline for us to verify such information it may be run as received. If you feel strongly about the formatting of your article please indicate where special formatting is to be included. We will adhere to your desire to the best of our ability unless you ask for something foolish such as leaving a blank page between the third and fourth paragraph.

Finally, make sure you use a spell checker before sending your article because we will probably leave your misspellings as they are..... especially if they are really funny. We probably won't correct your grammar either.

Thank you for your support,  
The Editorial Staff  
Wiccan Church of Minnesota  
[Editor@wiccanchurchmn.org](mailto:Editor@wiccanchurchmn.org)

### Legal Stuff

The WiCoM Newsletter is published eight times a year, in conjunction with the Wiccan Sabbats, by the authority of the Executive Council of The Wiccan Church of Minnesota. Subscription by email is

available to all members of the Wiccan Church of Minnesota who are current in their dues. A hard copy version is available at an additional cost of \$15.00 per year. Other interested parties may inquire concerning availability, please contact the church executive council for further details. Copyright Notice: All material contained within this newsletter is protected by copyright law unless otherwise noted. All rights are returned to the authors and artists represented after publication. Reproduction or display, in whole or in part without permission is prohibited.



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“This is the end.” – Jim Morrison